



An Embedded Public Attention Stress Identification System

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Context & Problem Statement

70%

Of Americans regularly experience physical and psychological symptoms caused by **stress**, and this trend is constantly increasing¹.

300\$
Billion

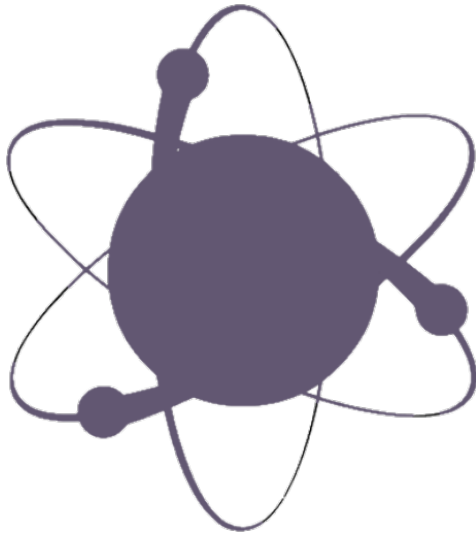
Cost to the United States every year due to absenteeism, employee turnover, diminished productivity, and direct medical charges **caused by stress**².

25%

Of American people experience stress and anxiety in public speaking. Professions in contact with the public are among the most stressful³.

Current Solutions

In lab experimental setups⁴,
that requires too many sensors
and so are **not applicable**
in a public speaking scenario.



On-the-market devices^{5,6},
paired to a smartphone application
that **could not be monitored**
in a public speaking scenario.



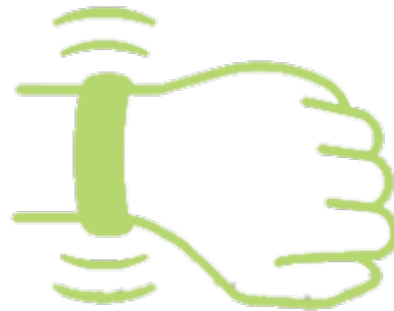
Also, most of these applications **lack of a calibration phase.**

EMPhASIS

An EMbedded Public Attention and Stress Identification System
able to **help people prevent and handle
stress and anxiety condition** that is



Customizable,
according to each
user's physiology



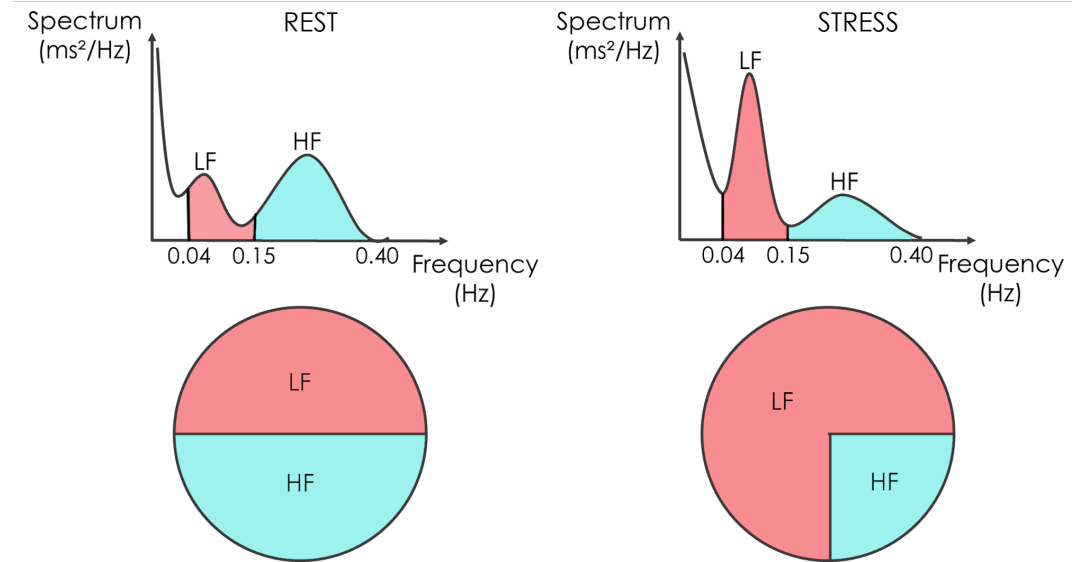
Minimally Invasive,
to fit a public speaking
scenario



Energy Efficient,
although equipped with
lightweight batteries

Biomedical Background

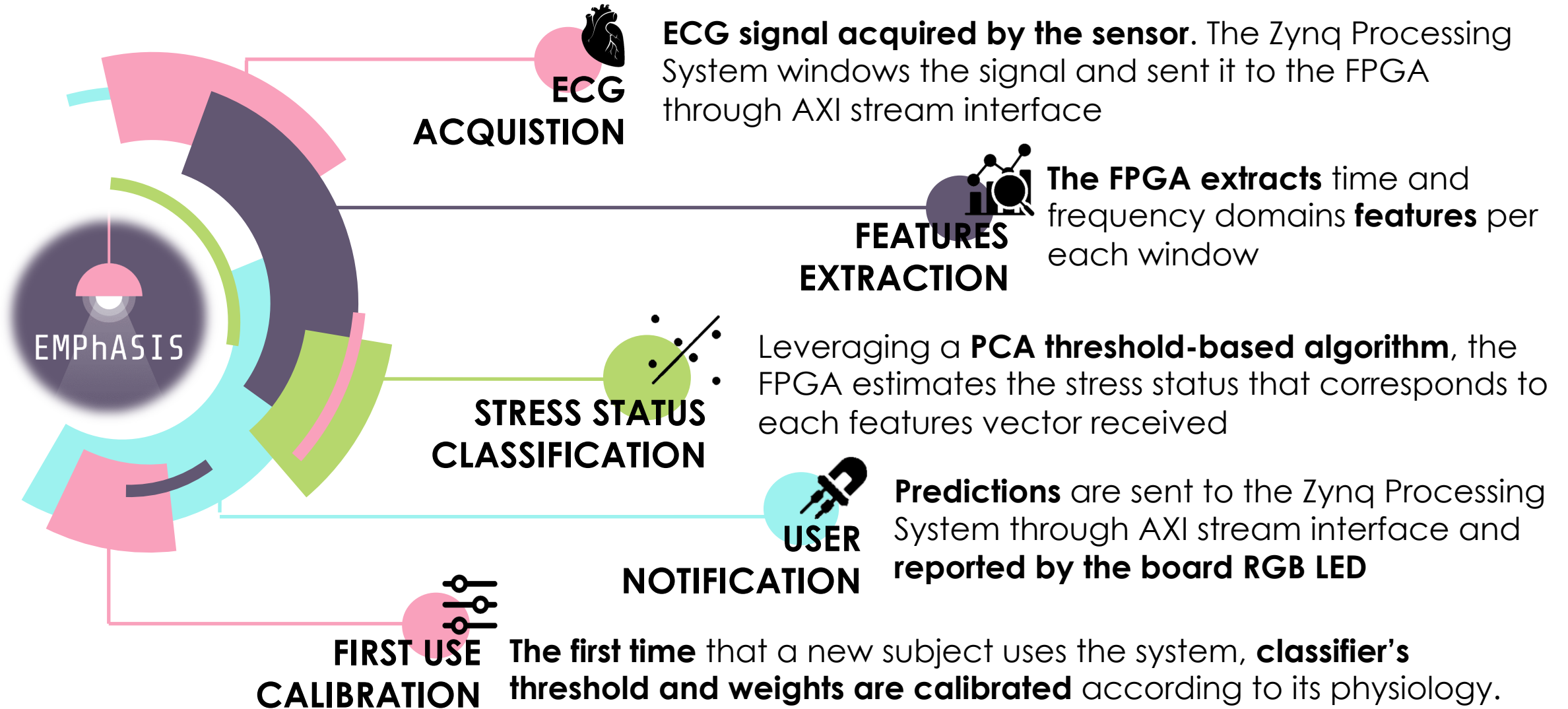
The combination of **ECG time and frequency domain analysis is sufficient to accurately perform stress identification**⁷.



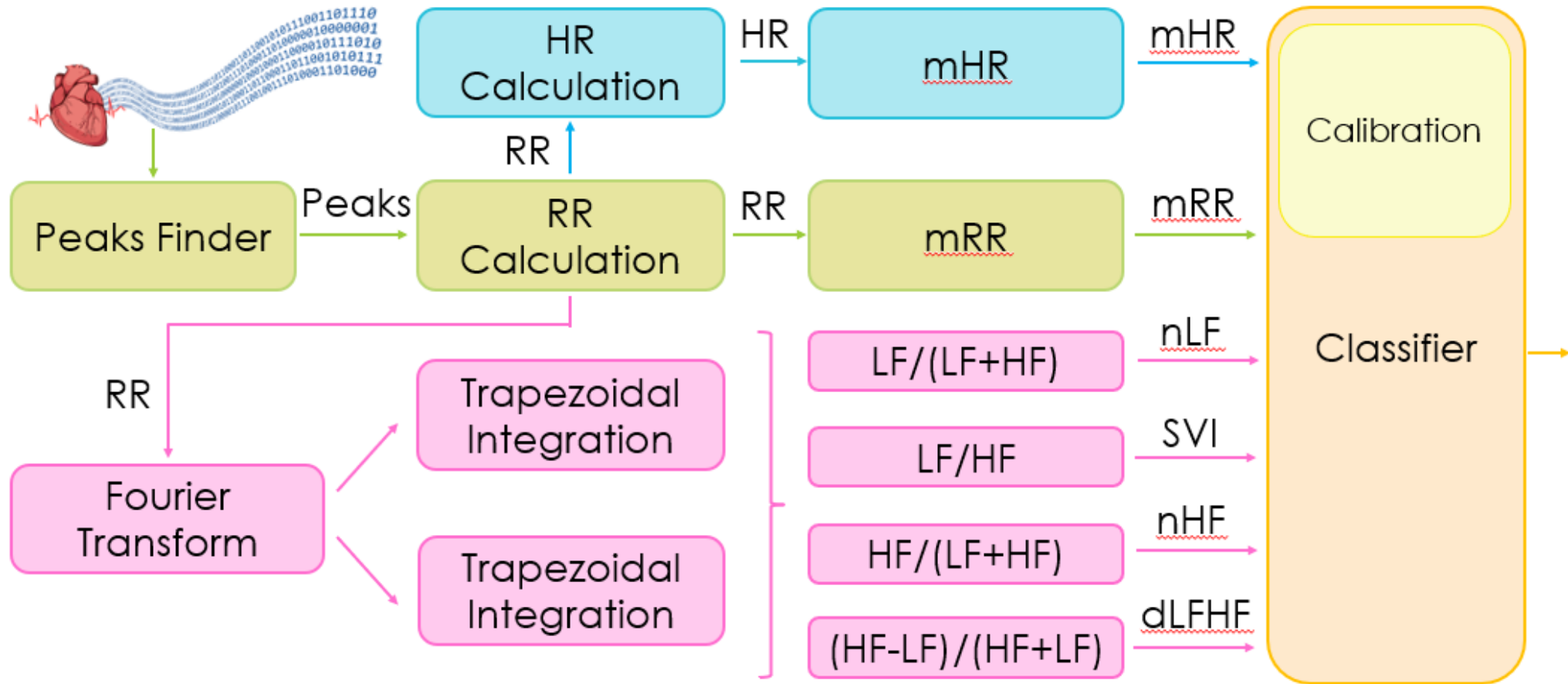
In the **time domain**, we consider the heartbeat duration, the **distance between to consecutive R peaks**

In the **frequency domain**, we consider the **proportion between area underneath the LF and HF**

System Functionalities



Design Scheme



Main Results

1.7

6Watt

Total Power Consumption,
allowing for covering an entire presentation duration with
lightweight batteries.

5

Hours

Minimum Guaranteed Autonomy,
assuming a power bank with a current intensity of 2Ah.

10

Seconds

Input-Output Time,
i.e. total amount of time between ECG signal acquisition
and stress status reporting.

Remarks & Future Works

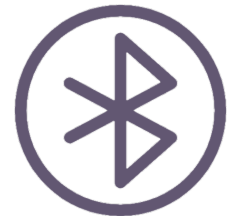
EMPhASIS is an Embedded Public Attention and Stress Identification System **minimally invasive, customizable, and fast**. Moreover, **it does not require any smartphone interaction**, to fit at best a public speaking scenario.

Future directions for the project deal with



Replace the RGB LEDs colour with a **vibrating wristband** for reporting to the user its stress status

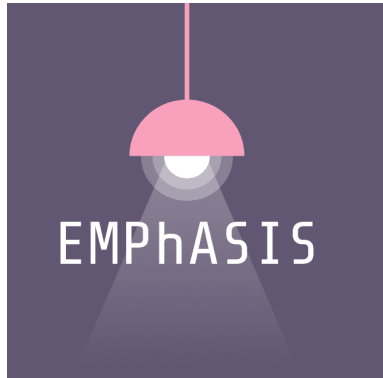
Interface the board to the output devices with a **Bluetooth connection**



Replicate EMPhASIS IP to fit all the FPGA resources, to support **multi-user**

Evaluate EMPhASIS also in **other scenarios**, i.e. employees in a office or people in a house

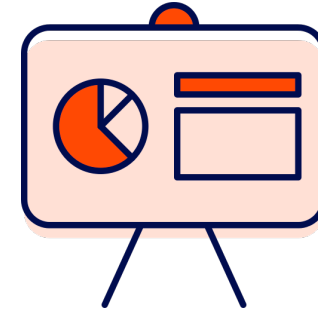




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<https://necst.it/>

<https://www.slideshare.net/necstlab>



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